

Product name: OM/SUG/004

Tested at:

Oxford Brookes Centre for Nutrition and Health, Oxford Brookes University, Gypsy Lane,
Oxford, United Kingdom

Methodology used:

Compared with a standard food (glucose) and tested in equivalent carbohydrate amounts (50 g). Carried out in accordance with ISO guidelines [Food Products-Determination of the glycaemic index (GI) and recommendation for food classification. ISO 26642: 2010(E)].

Ethical approval:

Issued by the University Research Ethics Committee (UREC) of Oxford Brookes University [N^o 140806 "Glycaemic response (GR) and Glycaemic index (GI) testing of foods"], February 2019.

GI value:

51 (Low)



Dr Helen Lightowler

Date: 17th May 2019



Dr Sangeetha Thondre

Date: 17th May 2019



Lis Ahlström

Date: 17th May 2019

--- Disclaimer ---

*Oxford Brookes University has taken every care to ensure the accuracy of the results. However, the results of glycaemic response in humans are subject to biological variability and may vary depending on the method and individuals used. Thus, the results may not be reproduced **exactly**.*